

Centennial Middle School - Concert Band Woodwinds Practice Log - Term 1

Name: _____

Period: 4B

Each student should complete at least 45 repetitions per day of school that week. **Repetitions required for each week are noted. Extra repetitions count as extra credit!** Repetitions completed during PLUS Time or in-class Sectionals count on this log. After school rehearsals count as 45 repetitions.

Students must listen to at least one song each week performed by a professional musician who plays their instrument. A list of artists will be given to the students at the start of the year. Songs can be found on YouTube, Spotify, Apple Music, etc. Listening to more than one song counts as extra credit. Attending a live performance by a high school level group or higher, that includes your instrument, adds an additional 50% extra credit.

Mark the number of repetitions you complete each day. Practice Checklist (always complete required elements):

- | | |
|--|--|
| 1. Breathing - Required | 5. Pass-off |
| 2. Warm-up (Long Tones, Lip Slurs, Articulation) - Required | 6. Concert Songs |
| 3. Scales/Technique Patterns - Required | 7. Fun Music (8notes.com, musescore.com, etc.) |
| 4. Method Book | |

Week	Repetitions Required	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Repetitions Completed
2 (Aug 22-29)	270									

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Repetitions Completed
3 (Aug 30- Sep 5)	225								

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Fri	Sat	Sun	Mon	Tues	Wed	Repetitions Completed
4 (Sep 6-11)	180							

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Repetitions Completed
5 (Sep 12-19)	270									

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Fri	Sat	Sun	Mon	Tues	Wed	Repetitions Completed
6 (Sep 20-25)	180							

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Thurs	Fri	Sat	Sun	Mon	Tues	Wed	Thurs	Repetitions Completed
7 (Sep 26-Oct 3)	270									

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Fri	Sat	Sun	Mon	Tues	Wed	Repetitions Completed
8 (Oct 4-9)	180							

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____

Week	Repetitions Required	Thurs	Fri	Sat	Sun	Mon	Tues	Repetitions Completed
9 (Oct 10-15)	180							

Listening Artist: _____ Song: _____ Live Performance? Y/N

Additional artist names: _____ Additional songs? How many? _____